



1. Make a cup of tea and sit yourself down in a big squishy armchair.

2. Using double knitting yarn and some 4mm needles, cast on 63 stitches.

3. For the first row, you need to knit in rib (knit 1, purl 1, knit 1) and continue all the way to the end of the row.

4. For the second row, you need to reverse the pattern (purl 1, knit 1, purl 1) all the way to the end of the row.

5. Repeat this pattern until you have 14 neat rows and then cast off (fig. A).

6. When you're finished, cut the yarn, leaving about 20cm (fig B.). Then sew the short sides together and voila – your very own veg pot warmer (fig C.).

7. Of course, you can get all fancy by knitting stripes or for a really snug winter look, try a 2x2 rib pattern. That's what they're all wearing in Paris this season. Apparently.

